

# How to apply

## Reminder of the Audition Schedule

- Online application Form : February 5, 2024
- Deadline for Application Submission: March 4, 2024 (Questionnaire to be completed and videos uploads)
- Announcement of Selected Candidates: March 29, 2024
- Audition at ENACR from May 6 10 May, 2024
- Announcement of Admitted Candidates: Last day of the audition

## How to apply

- Fill in the online information form.
- Attach a certificate of circus or gymnastic practice, acrobatics, choreography, for a minimum of 2 years, specifying the hourly volume, to the following address: [concours.enacr@gmail.com](mailto:concours.enacr@gmail.com)
- Create two videos and provide the YouTube links (do not set to private). The videos should give a general idea of your physical level, circus practice, and artistic basics. They allow us to see you from different perspectives. Not being able to perform a particular figure or having limited experience in dance or theater is not grounds for disqualification.

## VIDEO 1

### Handstand and Acrobatics:

1. Forward lunge, Handstand held for 10 seconds
2. Front roll, back positioning: tucked, straddle, stretched
3. 3 cartwheels in a row
4. Handspring
5. Cartwheel to two feet
6. Flic Flac at a standstill
7. Round-off and/or Round-off back salto
8. Acrobatic sequence (3 dynamic figures linked together)

## Physical Preparation and Flexibility:

9. Perform as many pull-ups without momentum and without stopping as you can consecutively, in supination or pronation, without elastic.
10. On parallel bars (feet dangling), perform a maximum of "Dips" without stopping (elbow flexion at 90°, bringing the shoulder level with the elbow on descent).
11. 5 leg raises starting from suspension
12. middle split / box split
13. Left split
14. Right split
15. Seated pike position
16. Bridge
17. free passage in the trampoline representing your skills in this area (optional)
18. 2 to 3 minutes showcasing your circus specialty

## VIDEO 2

## Dance instructions

*Foreword :*

Contemporary and classical dance is taught in the BATC training. This discipline adds a different dimension to physical work and opens up numerous technical and artistic possibilities.

That is why we ask for work **around danced movement**.

Whether you have practiced before or not, let yourself go, trust your body and your imagination. We are not looking for dance technicians, but we want to see your basics, your interpretation, and to see you in a new light.



Starting from Banksy's "Flower thrower" image, create a composition lasting 2/3 minutes.

The position of the tag character will be your starting and ending position. It should reappear in your dance, as a leitmotif.

Be inspired by the image's poetry, its paradox, strength, and dynamics.

Use notions of speed (acceleration, deceleration, stop), space (high, low, diagonals, directions), and amplitude (large, small).

Play with repetition, different qualities, and intentions.

Filming Guidelines:

- The choice of sound and filming location is up to you.
- The camera must be fixed in place.
- Opt for a medium shot so we can see you move in space from head to toe.
- Film your proposal in one continuous shot without stopping the camera.

# Theatre instructions

No need to link dance and theater directly, take a breather! Just edit the two video segments together !

Write a text that interests you to introduce yourself.  
Learn it.

→ Your proposal must be between 1 minute 30 seconds minimum and 3 minutes maximum. Adjust the text length accordingly.

→ If you don't speak French, use your native language. Send us your text along with your registration documents in an attachment titled "THEATRE SCRIPT Your first name + your last name."

Choose a space (or multiple spaces) that help(s) convey what you want to show about yourself, in resonance with your text.

Choose one (or several) concrete actions (e.g., tidying up, washing, etc.).

In these spaces, while performing these action(s), say your text three times in a row, addressing the camera:

→ The 1st time, as simply and naturally as possible.

→ The 2nd time with a specific emotion (fear, anger, joy, sadness...)

→ The 3rd time with a different emotion.

## Tips and Recommendations:

Be mindful of how your actions and movements are influenced by your emotions. Also, be aware of how your speech is influenced by your actions and emotions. Remember that emotions can take up a lot of space! Don't be afraid of contrasts, shifts, breaks, and silences... Work on the transitions and how you move from one proposal to another.

## Filming Guidelines:

- Film yourself in landscape format.
- Perform the three requested passages in one continuous shot without stopping the camera.

- Ensure the sound and visual quality of your proposal. Make sure you are clearly heard and seen.

The BATC audition registration fee is 80 euros. No application will be considered without payment. To access payment, please click on this link

[\[https://www.helloasso.com/associations/ecole-nationale-des-arts-du-cirque-de-rosny-sous-b/adhesions/inscription-concours-batc-2024\]](https://www.helloasso.com/associations/ecole-nationale-des-arts-du-cirque-de-rosny-sous-b/adhesions/inscription-concours-batc-2024).

For participation in the May 6 10 workshop, selected candidates must provide:

- Parental authorization (for minors)
- A medical certificate dated within the last 3 months stating no contraindication to sports practice
- A copy of the identity card (both sides) or passport
- A passport-sized photo meeting regulatory standards, sent to us as a PDF with a width of 3.5 and a height of 4.5
- A technical needs sheet for their act

The workshop at ENACR runs from Monday, May 6 to Friday, May 10, 2024.

- Collective workshops: circus techniques, basics (handstand, trampoline, acrobatics), physical preparation, dance, acting.
- Individual interview with the management
- Presentation of a 3-minute act